

# CARTER is Gassy!

## Instructional Aid and Guided Questions

1. Does Carter love flowers?  
*Yes, especially the purple ones*
2. What are Carter's favorite flowers?  
*Purple Roses*
3. What is the name of Carter's French bulldog?  
*Penelope Lou*
4. Who does Carter pick flowers for?  
*His mommy Taryn*
5. What does Carter like to do in the park?  
*Ride his scooter*
6. Does Carter ride his scooter fast?  
*Yes, very fast*
7. What does Carter have for lunch?  
*Toast, bananas, blueberries, macaroni and cheese, chicken hot dogs, pizza and French fries*
8. What does Carter have for dessert?  
*Strawberry ice cream, cookies and cupcakes*
9. What happens to Carter after lunch?  
*He gets a belly ache and is very gassy*
10. What does Carter do to his mommy when he is gassy?  
*He climbs into her lap and tries to climb on her head*
11. How does Carter's mommy help him with his belly ache?  
*She tells him to go potty*
12. What happens after Carter goes potty?  
*He is not gassy anymore*
13. How does Carter feel after he goes potty?  
*He is very happy and proud*
14. Are Penelope and Carter's mommy happy and proud too?  
*Yes*

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## Key Messages:

1. It is fun to play outside in the fields of flowers
2. It is fun to play in the park and ride a scooter
3. If you eat too much for lunch you might get a belly ache and get gassy
4. If you get gassy you should try to go potty
5. Be proud of your accomplishments

## Activities and Discussion:

1. Draw, color or trace flowers and/or a scooter
2. Talk about your favorite flowers
3. Talk about what you do when you go to the park
4. Talk about the foods you like to eat
5. Talk about what happens when you eat too much
6. Share a story about your favorite foods
7. Share a story about your favorite thing to do when you go outside
8. Talk about when you have felt proud

## Tips:

1. Point to the characters as you read
2. Discuss the story and Carter's feelings as you go
3. Talk about overcoming fears and give personal examples
4. Ask the Early Readers to share something they are proud of
5. Ask the Early Readers who their favorite character is and why